

Boost Employee Health and Productivity with Chiropractic Care

Employers of all sizes are incorporating chiropractic care into their corporate benefits package to:

- ✓ Improve employee health and wellness
- ✓ Boost productivity levels
- ✓ Increase employee retention
- ✓ Save money
- ✓ Offer employees a drug-free care option

When chiropractic care precedes other options, specifically medical or surgical interventions, costs per episode of treatment can be reduced by up to 40%

In addition to the cost savings value to employers, chiropractic care provides employees with an evidence-based and effective drug-free pain management option for neuro-musculoskeletal disorders, including back pain, neck pain and headaches, among others.

Did you know that prescription painkiller abuse costs employers between \$18 billion and \$26 billion a year due to missed workdays, lost productivity and medical expenses?

A recent study published in *The Journal of Alternative and Complementary Medicine* concludes that for adults receiving treatment for low back pain, the likelihood of filling a prescription for an opioid was 55% lower for those receiving chiropractic care than for adults not receiving chiropractic care.

There are safer, more effective, drug-free pain management approaches, such as chiropractic care, that can help to drive down costs and yield a healthier, happier workforce.

To find a local doctor of chiropractic near you, visit: **www.f4cp.org/findadoctor**



Sources:

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